



The Center for Sexuality

Sex Therapy Training

DATE: September 8, 2023

Sexual Assault and Sexual Offenders

with Dr. Jennifer Konzen

Licensed Marriage and Family Therapist

Certified Sex Therapist

How does this course relate to the scope of practice for LCSWs, LPCCs or MFTs:

Though every clinician has training in Human Sexuality and Sex Therapy, there is a need for continuing education training in this important area. For many strong, stable couples, the sexual relationship can be full of pain, frustration, disappointment, and sadness. This training provides assessment and intervention tools for therapists to help couples reach a new experience of intimacy.

Course Outline:

1. Definitions and Statistics of sexual offending
 - a. Differing types of offending: child molestation, incest, rape (stranger or acquaintance), sexual harassment, sex addiction, paraphilias, pedophilia
 - b. Historical responses to Rape/Assault/Harassment
 - c. Gendered, racial, paraphilic aspects of sexual offending
2. History of Treatment of Offenders
3. Current Offender Treatment
 - a. Adult and Adolescent
 - b. Interventions incl. Group treatment
4. Forms of Sex Offender Treatment: CBT, Pharmacological, Good Lives
5. Impact of Sexual Offending on Couples
6. Trauma and Therapist Self-Care

Objectives of this Course:

- 1) Identify six definitions and statistics in sexual offending
- 2) Identify three historic treatments and integrate four current treatment options for sexual offending
- 3) Differentiate three areas of treatment for couples impacted by sexual offending

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